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The Transition

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The Transition

I know that life is full of many challenges, challenges that I must have the courage to face. Not everything is going to be smooth sailing, or come easy. As a wise woman once said, “If it were easy, everyone would be doing it.” However, I believe that challenges are placed in my life to help me grow as a person. How I choose to tackle these obstacles helps shape me, and gives me the ability to go forth and help others facing the same problem. Recently, I found myself struggling with the transition from high school to college; I’ve learned that the key is to make a schedule and maintain personal relationships.

When I was in high school, I was so anxious to start college. I saw it as a new adventure to take on, one with lots of freedom. I would be away from my parents, starting my life as a young adult. After actually entering college, reality set in. It was not all it’s cracked up to be. I mean, yes, it has its perks. You get to hang out when you want, eat what you want, basically do whatever you want. However, it is also a lot of hard work. I have a total of nine classes, and it seems as if each teacher believes theirs is the only class that matters. For example, my homework for one night may consist of thirty pages of reading for English, a ten page Chemistry pre-lab, twenty pages of reading for history, and God knows what else. The course load is heavy and if you don’t find a way to budget the load, you will surely crumble underneath it.

After realizing how different a college lifestyle is, I knew that I had to come up with something that would work for me. I found I had to come up with a detailed weekly schedule. I went out and bought a planner from Wal-Mart, and from that day on I was set. Whenever I was given a new assignment, I wrote down exactly what I needed to do, and when it needed to be

done by. I made sure that my work was done at least a day in advance, so I would not have to struggle at the last minute. This method worked, making the course load less of a hassle.

Another thing that helped me was to keep a good relationship with my parents. Although I was eager to get away from them during high school, I learned that they are a very necessary part of my life. Whenever I feel stressed out about a bad grade or something, I know that I can turn to them. They always find the right words to push and motivate me to do better. My mom, that wise woman, tells me, "If it were easy, everyone would be doing it." She says it so much that I posted a sticky note with it on my dorm room wall. At the beginning of the semester, I didn't communicate with my parents nearly as much as I do now. They have truly been beneficial when it comes to making the transition easier.

In conclusion, obstacles are sure to come up in life. Everything in life is not going to be perfect. However, I know that problems can actually benefit me in the long run if I learn how to overcome them. I cannot succumb to them. Instead, I find something that works for me. My obstacle was the transition from high school to college. However, after learning that what I needed to do was create a detailed schedule and keep a close relationship with my parents, I was on the path to success. Even though it took me some time to figure out how to handle it, the important thing is that I didn't let the obstacle defeat me.